HRC Weekly Schedule (Afternoons & Evenings)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00		Medical Appointments Dr. Steven Klos M.D and IVs	RN: Lab work and Medical IVs	Medical Labs and IVs		
9:30						
10:00						Self Care Workshops 10:00-1:00
10:30						
11:00				Films on Addiction and Bio-Repair 11:00-1:00		
11:30						
12:00						
12:30						
1:00	Bio-Recovery Tools	Rational Mind Management Group II 1:00-3:00	Recovery From Addictions 1:00-3:00	Family Day: Family members are invited to all films, lectures, and groups.		
1:30						
2:00	Film and/or Discussion 1:00-3:00					
2:30						
3:00					Friday Check-In Group 3:00-6:00	
3:30						
4:00						
4:30				Lecture* 4:30-5:30		
5:00						
5:30				Short Break		
6:00	Rational Mind Management Group I 6:00-8:00	Neuro-Psychology of Addiction Group 6:00-8:00	Mental Health & Bio-Tools For Addictions 6:00-8:00	Family Group 6:00-8:00 (Family Members Welcome)		
6:30						
7:00						
7:30			Film			
8:00						